



POWER IN PRAYER

By Robin Gove

Inside Outside LIFE Makeover Journeys with God

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Printed in the United States of America

Cover logo design: Jeremy Gove

Photos provided by Dave and Robin Gove

We hope you enjoy our Journeys with God from

He's SPEAKING! Are we LISTENING? Ministry.

Our goal is to encourage people to build a love relationship with God by SPEAKING and LISTENING to him daily.

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Dedicated to my husband

Dave

*He lovingly lived through all of these LIFE Makeovers with me.
His love and devotion carried me through it all.
I will be forever be grateful to him.
Thanks, Handsome!*

And special thanks to our four sons,

David, Jeremy, Andrew, and Aaron

*They have spent many hours listening and encouraging me.
They have also used their talents to help me to complete this project.*

*And finally, very special thanks to my friend
Marilyn*

*I wish everyone could have a friend like her.
She spent hours working with me to complete this project.
Her cheerful attitude always blessed my days.*

Welcome to



Journey with God

Power in Prayer

Name: _____

Date Your Journey Begins: _____

The Beginning of my Inside Outside LIFE Makeover

I remember it so vividly like it was just yesterday. I sat at my desk gazing out my window at the woods behind my home. The peacefulness of the view was overshadowed by all of the thoughts dancing around in my head. "What can I do to make changes in my life? Where would I even begin? I am not qualified to be doing this?" Feelings of insecurity could not be erased from my mind. Deep inside of me, I was longing for a fresh Makeover in my life.

You might wonder what made me realize I needed to make some changes in my life. I will be totally honest with you. **MY LIFE WAS A MESS.....**

- **I was overweight and my blood pressure and cholesterol were way too high.**
- **I had tried so many diets with no weight loss.**
- **I was addicted to caffeine and chocolate and I would eat to feel better.**
- **After being married many years my marriage was so.....routine.**
- **Our finances were a mess. I worked very hard each day and I was not making any money. We were VERY HEAVILY in debt.**
- **I did not even know how to have fun.**

I was tired of who I had become. I was out of control. I would eat properly and exercise, but it only lasted for a short time. My energy levels were so low that I completely lacked motivation. There never seemed to be enough hours in the day to complete everything I needed to do. I was overwhelmed and discouraged.

I kept asking myself if I wanted to live with who I had become or did I want to change? I could complain about it all the time or get busy and do something, but where would I possibly get the motivation to change?

I also thought over and over and over, where would I ever begin to make changes in my life? The voice in my head would tell me, "This is the way you have been all of your life. You will never change."

I wanted a better road for my life, so even though there was fear in my heart, I decided it was time to begin an Inside Outside LIFE Makeover. Now four years later, I can say, the Journey has been challenging, but I like the person I am now better than who I was. God has transformed this caterpillar into a butterfly and I am ready to fly.

Do you want a better road in your life? It will begin with a choice. If you choose to continue reading this book, I want you to know that you are not alone. We will be with you all the way.

As you begin this Inside Outside LIFE Makeover Journey with God, pray that God will encourage you to follow through. Pray the following prayer.

Dear God,

Please go before me on this Journey. Please speak to me and help me to find the time be alone with you. Help me to hear your voice and then obey it. Thank you for what you are going to do.

In Jesus Name, Amen

Now you might ask, “What is this Inside Outside LIFE Makeover all about?” Continue reading to find out.

What is an Inside Outside LIFE Makeover?

**Makeover is a very popular word in our society today.
You can have a MAKEOVER on just about anything. If you look at television shows, magazines, and newspapers, you will find MAKEOVERS for your kitchen, house, body, wardrobe, family...
Let's talk about an Inside Outside LIFE Makeover.
What is it? Let me explain.**

I want you to think about someone you know that looks awesome on the Outside. This person's body is in perfect shape because of proper eating habits and daily exercise. Maybe they are very stylish and have great clothes that are perfectly pressed. Their hair is always silky, clean and shiny. You might say this person looks perfect on the Outside, but what about the Inside? If a person's Inside does not match the Outside how do you feel about them?

Now let's think about someone else you know. Maybe this person is not attractive on the Outside and does not wear fancy clothes. This person could possibly be overweight or underweight, but when you think about how they are on the Inside, they are wonderful. You know this person will always be there when someone needs help. This person could even be a little shy or even outgoing, but has a very caring way about them. People feel so important when they are around them. They are always honest and trustworthy.

The world might not call this person beautiful or handsome on the Outside, but on the Inside they are beautiful beyond words. So if you think about it, what is more important, our Inside or our Outside?

Now what about our Outside appearance? If we have enough money we can change anything we want. We can have a facelift or a tummy tuck. We can have hair removed, or hair put on. We can have new nails put on, or have our eyebrows or lips painted on. We can take products to buildup our muscles and make us look firm, or we can wash that gray out of our sideburns and look younger. This list goes on and on.

What we look like on the Outside requires a choice on our part..... right?

What about the Inside? I began to think about what people might think about my Inside, or about me as a person, so I have made a choice to go on an Inside Outside LIFE Makeover Journey. I realized that I needed to begin on the Inside and work my way through to the Outside. I wanted a new beginning in my life.

Do you want a new beginning?

Then come along?

Let's get started...

WELCOME

Today you have chosen to go on one of our 6-day Inside Outside Makeover Journeys with God.





My LISTENING Room

Take some quality time alone to just think, pray and plan. It is important to find a place to get alone with God. We will call this place My (your) LISTENING Room.

Here is a description of My LISTENING Room.



It is a tiny walk-in closet with a desk and chair. I have a stereo that I bought at a garage sale for \$5.00. I also have headphones to listen to my favorite Christian music. The power cord runs through the closet and out the door. My chair is located between my hanging clothes, which are on each side of my closet. There are several pictures of doors which are hung on the wall where I can see them. When I shut the door and turn the light off, everything is quiet and dark. Each day I open the door to this room and go into it. Oh yes, there is a book in my hand, it is my Bible.

My LISTENING Room is not elegant or fancy. It is very simple. I have dreams of one day having a fancy LISTENING Room, but for now, this is mine and I love it.

So if you could have a LISTENING Room and design it anyway that you would want, what would it look like? I have listed a few people’s dream LISTENING Rooms to prompt your thinking.

Dream LISTENING Rooms.....

“My room has many windows and the sun is shining brightly all around. It is peaceful and quiet outside. God’s creation is everywhere I look. I am sitting in a reclining chair with a cool glass of water on the night stand. The windows are open, and I feel a gentle breeze throughout the room. I am alone.”

“My room is in the basement of my house. It is located in the corner of the room. A lava lamp is sitting on the table. I am sitting on a long, soft couch with a warm blanket over me. There is a soft light above my head, just enough to see the words.”

“My room has pretty sunflower wallpaper. It is completely clean and there is no junk lying around. The lighting is from a lamp. I am sitting in an oversized chair with a footstool at my feet. I want it to be quiet, and I am, of course, all alone with God.”

As you read the descriptions of the different rooms, everyone had different ideas of what their room would look like. That is because God made everyone unique. Let your mind wander and dream about this quiet place where you could get alone with God.

Stop Reading and think about this. Write your LISTENING Room description in your My Journey Journal.

My LISTENING Room would.....

Now you may not be able to create this LISTENING Room in your life now, but you can do like I have done and put together something to create your own space to be alone with God.

When you have found and put together your LISTENING Room, go into it and continue reading this book.

**ARE YOU IN YOUR LISTENING Room?
Then you are almost ready to begin.....**

My Journey Journal

Throughout my life I have written daily Journals of my thoughts and feelings. I have suitcases full of them. I have found that writing things helps me to understand my thoughts and to remember them. I have always done them like I was talking to God.

So, as I began my Inside Outside LIFE Makeover, I realized the only way I could keep track of everything was to write in a Journal.

We encourage you to write your thoughts in a journal each day and date it.

If you would like to purchase an Inside Outside **LIFE** Makeover “**My Journey Journal**”, go to www.hesspeakingarewelisting.com.

Let's Begin

If you are using the written version, read the instructions below.

If you are using the computer version, go to the next page.

Written Version

It's time to start your **Inside Outside LIFE Makeover** *Journey with God*.

Journey Tips:

Tip One

You will need a Bible, your Journey Journal, pen and a dictionary.

Tip Two

At beginning of every daily Journey we encourage you to take time to confess your sins. This is very important!

Tip Three

Many of the Bible verses are written out, but we encourage you to look up any additional verses in your own Bible. These verses were quoted from the New International Version of the Bible, but you can use any version. Many verses are repeated to help you to memorize them.

Tip Four

We encourage you to look up the words we have selected in your dictionary.

Computer Version

It's time to start your **Inside Outside LIFE Makeover** *Journey with God*.

Journey Tips:

Tip One

You will need your Journey Journal, a Pen, and a Dictionary.

Tip Two

At the beginning of every daily Journey we encourage you to take time to confess your sins. This is very important!

Tip Three

Many Bible verses are repeated to help you memorize them.

Getting Started:

- *Take out the Journey CD from the back of the book.
 - *Place your bookmark in this book and set it aside.
 - *Choose the CD with the same title.
 - *Insert the Journey CD in your computer and wait for presentation to appear.
 - *Some computers will show **runpptview.exe** after inserting Journey CD. Click on **runpptview.exe** and wait for presentation to appear.
 - *Begin with the Orientation.
 - *After completing the Orientation, continue with Day One (if you have the time) otherwise **STOP** and begin Day One tomorrow.
 - *Continue on your Journey daily for the next six days.
-

Do not read this book until you complete your 6-day **Inside Outside LIFE Makeover** *Journey with God* CD.

Are you ready to begin your **Inside Outside LIFE Makeover** *Journey with God*?



Power in Prayer

Day One

Prayer! Why is it so hard to find time to pray?

Do you have trouble finding time to pray? Do you believe there is Power in Prayer? I believe with all of my heart that there is Power in Prayer, but why don't I use that power more? My life becomes so busy and full that it is so hard to STOP, and SPEAK, and LISTEN to God.

I have thought about this for many years, and I have discovered that finding a place to get away with God, (My LISTENING Room), and designing it the way I like helps me greatly. When it is a place that I really like, I am more interested in going there. If it is a place where I see all the distractions of everyday life, it is hard to be still, and SPEAK, and LISTEN to God.

HAVE YOU FOUND YOUR LISTENING ROOM?

God hears our prayers no matter where we are. My LISTENING Room is not the only place where I pray. I like to ride my bike on the bike trail, and then just sit outside and pray. I like to lie in my lawn chair when it is dark, and look at the stars and pray. However, having a special place to pray keeps me more organized with prayer.

We encourage you this week to find Your LISTENING Room. It is also great to have a family LISTENING Room, a place where everyone goes when they want to pray. Well, get ready to Journey with God. Talk later...



Power in Prayer

Day One



Matthew 6:6

**But when you pray,
go into your room,
close the door and pray
to your Father, who is unseen.
Then your Father, who sees
what is done in secret,
will reward you.**

Open the door to Your LISTENING Room...



Your Journey Begins

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NEXT

Day One

Power in Music

Sit still, close your eyes, and "LET GO." Listen to your favorite Christian music.

Prayer Power

Pray that you will have a clear mind as you begin your Journey.

Take a few minutes to confess your sins.

Psalm 65:3

Psalm 103:12

Powerful Praise

Deuteronomy 32:3-4

Dear God,

Let's go on a Journey together. Would you teach me about prayer in my life? I know that prayer is talking with you, like I am right now. I know I could pray more, but maybe if I understood more about it, my desire to pray would grow. Where do I begin? If prayer is talking to you, I want to take a few minutes and learn about who you are.

Who are we praying to?

What do these verses tell me about God?

Genesis 1:1

In the beginning God created the heavens and the earth.

Genesis 1:27

**So God created man in his own image, in the image of God he created him;
male and female he created them.**

Psalm 100:3

Psalm 139:13

Jeremiah 10:12

Dear God,

You are the creator of everything, including me. By way of my parents, I came into this world as a baby. As soon as I was able to communicate, I would SPEAK with them. I also learned the importance of LISTENING to them. That is called communication. We desire to communicate with each other, and as a result, a relationship is born. So if I want to have a relationship with you, I need to communicate with you as well. This requires both SPEAKING and LISTENING to you.

I want to know more about my creator. The Bible says that you are...

LOVING

John 3:16

For God so loved the world that he gave his only begotten son that whoever believes in him should not perish but have eternal life.

Psalm 63:3

FAITHFUL

Deuteronomy 32:4

**He is the Rock, his works are perfect, and all his ways are just.
A faithful God who does no wrong, upright and just is he.**

2 Thessalonians 3:3

PROTECTOR

2 Samuel 22:31

**As for God, his way is perfect; the word of the LORD is flawless.
He is a shield for all who take refuge in him.**

Psalm 37:28

UNDERSTANDING

Psalm 147:5

Great is the Lord and mighty in power, his understanding has no limits.

Isaiah 40:28

FORGIVING

Nehemiah 9:17b

**But you are a forgiving God, gracious and compassionate,
slow to anger and abounding in love.**

Psalm 86:5

POWERFUL

1 Chronicles 29:11

**Yours, O LORD, is the greatness and the power and the glory
and the majesty and the splendor, for everything in heaven and earth is yours.**

2 Chronicles 20:6

Dear God,

You are a LOVING and FAITHFUL God. You loved me so much you were willing to send your son Jesus to die on the cross for my sins. If I believe this, and choose to have a relationship with you, I can have eternal life in heaven. You made the earth and you made me. It overwhelms me, that even though you are a great and powerful God, when I COME NEAR TO YOU, YOU WILL COME NEAR TO ME.

James 4:8a

Come near to God and he will come near to me.

Dear God,

The Power in Prayer begins when I come near to you. Please fill me with a desire to do this. As I SPEAK to you and try very hard to LISTEN, I know I will hear you SPEAKING! As I Journey with you this week, help me to have a passion and a desire to SPEAK to you more often. Thank you for going on this Journey with me.

Prayer Power

Pray that God will show you the power that is available through prayer.

My Journey Journal

Write how God has spoken to your heart.

Power in Music

Meditate on the words of your favorite Christian music.

This is the end of Day One.



Power in Prayer

Day Two

Do you have trouble finding the time to pray?

WE ALL DO!

So what can we do about it?

- † Design your own LISTENING Room
- † Go into it and ask God to fill you with a desire to SPEAK and LISTEN to him.
- † Schedule a time on your calendar to go into your Listening Room.
- † Tell others about your time. Think of it as an appointment.



Power in Prayer

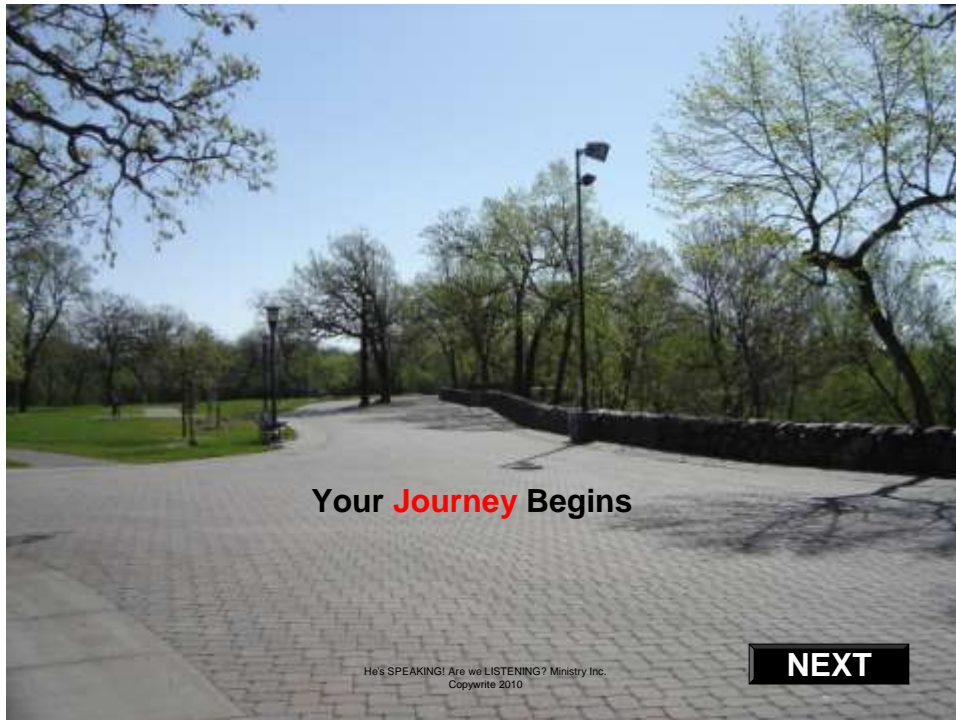
Day Two



Matthew 6:6

**But when you pray,
go into your room,
close the door and pray
to your Father, who is unseen.
Then your Father, who sees
what is done in secret,
will reward you.**

Open the door to Your LISTENING Room...



Day Two

Power in Music

Sit still, close your eyes, and "LET GO." Listen to your favorite Christian music.

Prayer Power

Pray that you will have a clear mind as you begin your Journey.

Take a few minutes to confess your sins.

1 John 1:8-9 Psalm 103:12

Powerful Praise

Psalm 118:24

When, Where, and How should we pray?

WHEN SHOULD I PRAY?

Genesis 19:27

Early the next morning Abraham got up and returned to the place where he had stood before the LORD.

Psalms 5:2-3

Psalm 55:17

Evening, morning and noon I cry out in distress, and he hears my voice.

Dear God,

When should I pray? Starting my day with you might be best, but does the time actually matter? I think if I JUST PRAY, that is all that matters.

Prayer Power

Decide when you can set up a daily time with God in your LISTENING Room.
Then write a commitment to God to go there everyday for one month.

My Journey Journal

My Commitment

Write this in your My Journey Journal.
Please help me to commit to spend _____minutes with you daily.
I will try and make this time at _____.

Please God, help me to honor my commitment.

WHERE SHOULD I PRAY?

Matthew 6:6

But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.

Mark 1:35

Luke 5:16

But Jesus often withdrew to lonely places and prayed.

Dear God,

Jesus would find a lonely place to go and pray. He was our example. Do I find a lonely place to pray? That is why I need a LISTENING Room. I need to find a place where I can go and be alone with you. When I am there, I will LISTEN as you SPEAK to me.

Prayer Power

Pray about your LISTENING Room. Have you found one?
If not, pray that God will help you to find it.

MY LISTENING ROOM

My LISTENING Room is...? (If you have not found your LISTENING Room go back to Page 9)

HOW SHOULD I PRAY?

Dear God,

How should I pray? Is there a way to organize my prayers?

Isaiah 64:8

**Yet, O LORD, you are our Father. We are the clay, you are the potter;
we are all the work of your hand.**

How Should I Pray?

Ask the Potter to mold your times of SPEAKING and LISTENING to him.

1. **Praise God:**
Psalm 8:9 – Pray words of Praise.
2. **Obey God by Confession:**
1 John 1:-9 – Pray for Obedience in Confession.
3. **Thanksgiving:**
Psalm 95:2 – Pray words of Thanksgiving.
4. **Trust:**
Psalm 62:8 – Pray that you will learn to Trust God.
5. **Encouragement:**
Romans 15:4 – Pray for Encouragement.
6. **Requests:**
Philippians 4:6 – Pray for your Requests.

Dear God,

You are the Potter. I am the clay. Mold me and make me into all that you want me to be. This is an amazing way to pray. It could help me to organize my prayers. God, as I begin praying more, I am not sure I know what words to use. Do I have to worry about this?

Romans 8:26

In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express.

Dear God,

Thank you for your Spirit who will intercede for me when I pray. I do not have to worry about what I say because the Holy Spirit will intercede for me with words I cannot express. It has been great going on this Journey with you today. Thank you for SPEAKING to me about prayer.

My Journey Journal

Write how God has spoken to your heart.

Power in Music

Meditate on the words of your favorite Christian music.

This is the end of Day Two.



Power in Prayer

Day Three

Are you a morning or a night person?

Whatever time of day that you like best is the time you should choose to go into Your LISTENING Room.

Are you easily distracted? I am.

If you are, choose a LISTENING Room that is dark and does not have windows. (My LISTENING Room is my closet. It is dark and does not have any windows. This is where I can focus only on God.)

Would you like your time with God to be the high point of your day? If you do, find your LISTENING Room and commit to use it, and this is what will happen. You will look forward to your time with God.

We would really enjoy hearing your description of Your LISTENING Room.
Send your description to:
journey@hesspeakingarewelisting.com



Power in Prayer

Day Three



Matthew 6:6

**But when you pray,
go into your room,
close the door and pray
to your Father, who is unseen.
Then your Father, who sees
what is done in secret,
will reward you.**

Open the door to Your LISTENING Room...



Day Three

Power in Music

Sit still, close your eyes, and "LET GO." Listen to your favorite Christian music.

Prayer Power

Pray that you will have a clear mind as you begin your Journey.

Take a few minutes to confess your sins.

Psalm 51:1-2

Psalm 103:12

Powerful Praise

Psalm 48:1

Dear God,

I am in my LISTENING Room. I am ready to begin our Journey today. Please SPEAK to me, I am LISTENING! You are the "POTTER" and I am the clay. I will begin with praising and adoring YOU! That is a great way to start My LISTENING Room time.

Psalm 8:9

O LORD, our Lord, how majestic is your name in all the earth.

Deuteronomy 32:3

Song of Songs 1:4b
We rejoice and delight in you; we will praise your love more than wine.
How right they are to adore you!

Prayer Power

Take a few minutes to praise God.

Dear God,

On the first day of our Journey, I spent time praising the Potter. Praising you. Now it is time to go on to the obedience in confession. This is so important! Sin in my life will separate our communication, so I need to confess my sins. Please help me because this is not always an easy thing to do. I am ready, let's get going!

Psalm 66:18

If I had cherished sin in my heart, the LORD would not have LISTENED...

Mark 11:25

(Fill in the blank with your name.)

And when _____ stands praying, if _____ holds anything against anyone, forgive them, so that _____'s Father in heaven may forgive _____'s sins.

Prayer Power

Look at the list of sins below and look up the verses that might relate to you. As God speaks to you, confess any sin in your life. It is hard to think about sin, but sin will separate us from God! So we must confess our sins.

Maybe I am judging someone?

Matthew 7:1-5

Maybe my heart is far away from God?

Matthew 15:8-9

Maybe I cannot or have not forgiven someone?

Matthew 18:35

Maybe I am envious of the ungodly that get ahead?

Proverbs 23:17

Maybe I have not respected those in authority over me?

Titus 3:1

Maybe I have contributed to "gossip" somewhere?

Proverbs 26:20

Maybe I have envy in my heart?

Proverbs 14:30

**Maybe I have a problem with anger?
Proverbs 29:11**

**Maybe I do not take care of my body, God's temple?
1 Corinthians 3:16-17**

**Maybe I am proud?
Luke 14:11**

**Maybe I do not love others?
1 Peter 1:22**

**Do I really LOVE God?
Mark 12:30-31**

Prayer Power
Confess your sins to God.

Psalm 103:12
**...as far as the east is from the west,
so far has he removed our transgressions from us.**

My Journey Journal
Write out your thoughts to God. If you confessed your sins they are forgiven.
Tell him thank you.

Power in Music
Meditate on the words of your favorite Christian music.

This is the end of Day Three.



Day Four

Power in Prayer

It feels great to have a clean heart?

CONFESSION IS HARD, BUT ESSENTIAL ...

I don't think that anyone likes confessing their sins. Over the years, God has been showing me ways about myself that are not pleasing to him. It is hard to realize my sins, admit they are there, and finally asking God to forgive me.

Sometimes our confession to God needs to be followed by an ACTION. This could possibly be telling someone you are sorry or admitting to something, or doing whatever God shows you that needs to be done. THIS IS VERY IMPORTANT. God will keep SPEAKING to you about your action until you do it. I have learned that no matter how hard it might be to do my required action, if I ask God to help me, he always does.

SO BEFORE YOU BEGIN YOUR JOURNEY TODAY STOP...

and take a few minutes to think about any action that God might be SPEAKING to you about. Then do that action TODAY if at all possible.

Trust me this is very important!



Power in Prayer

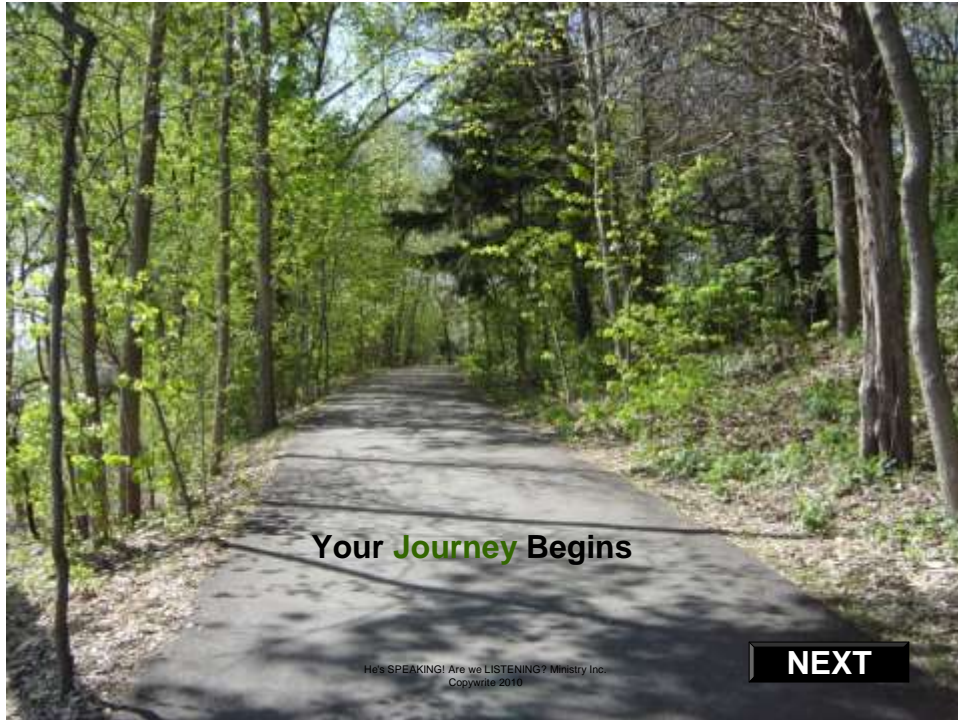
Day Four



Matthew 6:6

**But when you pray,
go into your room,
close the door and pray
to your Father, who is unseen.
Then your Father, who sees
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Open the door to Your LISTENING Room...



Day Four

Power in Music

Sit still, close your eyes, and "LET GO." Listen to your favorite Christian music.

Prayer Power

Pray that you will have a clear mind as you begin your Journey.

Take a few minutes to confess your sins.

Isaiah 53:6 Psalm 103:12

Powerful Praise

Psalm 92:1-5

Dear God,

Today is the fourth day in our Journey. It has been wonderful to think about prayer. It is good to organize my prayers by praising you, obeying you by confessing my sins, and now thanking you and learning to trust you. Life is filled with many things. Some I am not thankful for, but I need to trust you. I have realized when I look hard enough, I am thankful for many things. Maybe it would be good to take a few minutes and write down the things I am thankful for in my life.

My Journey Journal

Write down the things you are thankful for in your life.

Dear God,

You are the creator of everything. Thank you for creating me. Life is challenging, but there are many things to be thankful for in my life. I need to trust you with my life. I praise and thank you for forgiving me, loving me, and saving me. Please do not ever let me neglect this important part of my praying. I would like to take some time now to THANK and PRAISE YOU.

Psalm 118:28

You are my God, and I will give you thanks; you are my God, and I will exalt you.

Psalm 7:17
Psalm 30:12

Prayer Power

Thank God!

Psalm 48:1

**Great is the LORD, and most worthy of praise,
in the city of our God, his holy mountain.**

1 Chronicles 29:10-13

Read this passage of scripture out loud to God.

Prayer Power

Praise God!

Dear God,

A very important part of praying is to believe that you will answer when I pray. When I SPEAK to you, do I believe that you will LISTEN and answer my prayers. If I do not believe you will answer, why should I pray? Believing could also be called FAITH. God, let's search my heart now to find out how much faith I have in my heart. SPEAK to me, I am LISTENING!

Matthew 13:58

...and he did not do many miracles there because of their lack of faith.

Matthew 17:20-21

He replied, "Because you have so little faith, I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you."

Matthew 21:21-22
Hebrews 11:1

Dear God,

As I read the Bible, I see that I need to have complete faith in you! Do I God? Are you pleased with this area of my life? If not, God, please help my faith in you to grow. I heard a saying somewhere about faith in our life...

**When beginning something, it takes some faith,
continuing in it takes more faith, finishing it takes great faith.**

God, please give me "great faith."

Prayer Power

Pray that your faith will grow.

My Journey Journal

Write how God has spoken to your heart.

Power in Music

Meditate on the words of your favorite Christian music.

This is the end of Day Four



Power in Prayer

Day Five

HOW'S YOUR FAITH? DO YOU BELIEVE THAT GOD WILL ANSWER?

Over the years I have learned so much about prayer. We can pray about everything. Nothing is too small. We want to turn to God in prayer when big things are going on in our lives, but God wants to hear about the small things too. I would like to share a simple example.

Several years ago I had a class reunion to attend. I wanted to buy a special dress to wear, so I decided I would pray about it. I committed to God that I would not charge anything, but that I would only buy what I could afford.

One day I saw a beautiful dress I liked, but it was too expensive. I walked away from it with pity in my heart. Why couldn't I buy that dress?

A few days later I went to the same store in a different city. I found the exact same dress in my size and it was on sale for half the price. Wow, I could not believe it, but then I said to myself, "This is so like God. He does things like this all the time."

I have so many wonderful stories like this which you can read about in my book, He's SPEAKING! Are we LISTENING?

God cares about small things as well as the big ones in our lives. God wants us to SPEAK to him about everything.

Are you ready to Journey? Let's start!



Power in Prayer

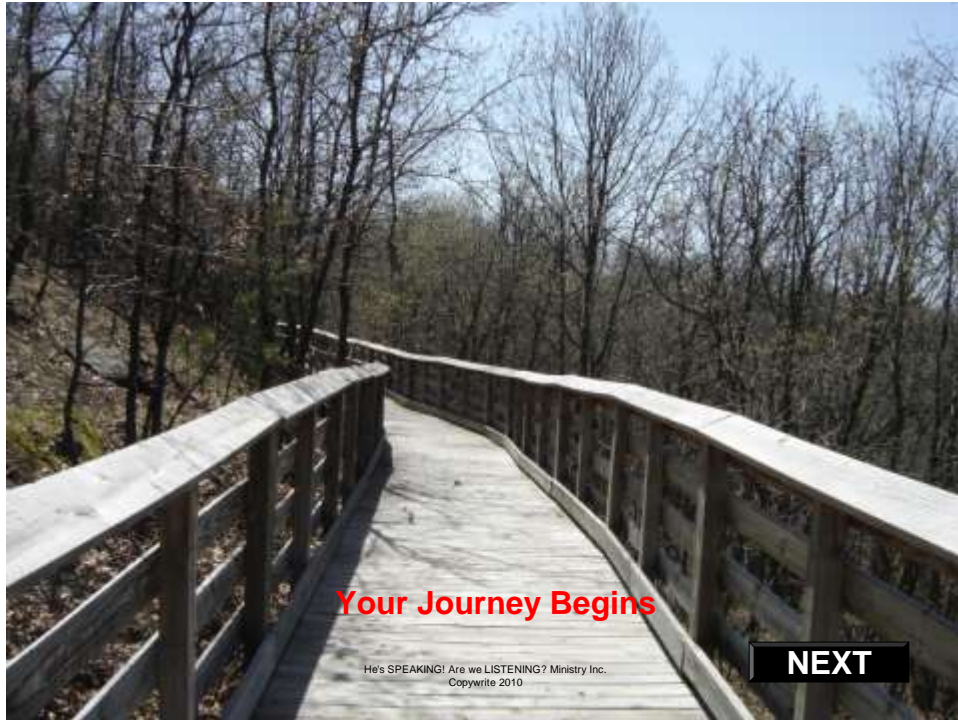
Day Five



Matthew 6:6

**But when you pray,
go into your room,
close the door and pray
to your Father, who is unseen.
Then your Father, who sees
what is done in secret,
will reward you.**

Open the door to Your LISTENING Room...



Day Five

Power in Music

Sit still, close your eyes, and "LET GO." Listen to your favorite Christian music.

Prayer Power

Pray that you will have a clear mind as you begin your Journey.

Take a few minutes to confess your sins.

Isaiah 59:2 Psalm 103:12

Powerful Praise

1 Chronicles 16:25

Dear God,

We have spent time studying ways we can organize our prayer time.

1. **Praise God**
2. **Obeying God by Confession**
3. **Thanking God for forgiving our sins.**
4. **Trusting God with my life**
5. **Encouragement from the Word**
6. **Requests**

You are the Potter, I am the clay. Now it is time to bring my requests before you. It seems when I pray I run immediately to this part of my prayers and neglect the other areas. Please help me to develop this way to organize my prayer life. As we begin our fifth day of our Journey please SPEAK to me, I am LISTENING!

**Philippians 4:6
(Living Bible Version)**

**Don't worry about anything; instead, pray about everything;
tell God your needs and do not forget to thank him for his answers.**

Jeremiah 29:12

Then you will call upon me and come and pray to me, and I will LISTEN to you.

Dear God,

I am supposed to pray about EVERYTHING! It is hard to believe that you really care about everything in my life. Please continue to show me that you will answer my prayers, but help me to remember that I need to ask and listen. Please help me to find the time to SPEAK to you.

Psalm 55:22

**Cast your cares on the LORD and he will sustain you;
he will never let the righteous fall.**

1 Peter 5:7

Cast all your anxiety on him because he cares for you.

Nahum 1:7

Dear God,

Your Word, the Bible, tells me that I can give all of my burdens to you, and I do not have to worry about them. There are many things in my heart that concern me. I need to pray about them. There are no magic formulas for praying, except one. PRAY! I need to find the time to SPEAK to you and share what is in my heart. Let's do this right now.

My Journey Journal

STOP EVERYTHING YOU ARE DOING!

Find a sheet of paper and begin writing down anything that is heavy on your heart.

SPEAK TO GOD, HE'S LISTENING TO YOU!

Prayer Power

Pray through each of the items you wrote and ask God to take control of them.

When you are finished praying, take your paper and rip it up and throw it away.

You have put your burdens in God's hands and you no longer need to worry about them.

Philippians 4:6
(Living Bible Translation)
Don't worry about anything; instead, pray about everything;
tell God your needs and don't forget to thank him for his answers.

Dear God,

I want to give my burdens to you and leave them there. I will trust you with them. Please encourage me that you are there and you will handle anything that I am facing. Please teach me about prayer in my own life.

TRUST YOU

Psalm 13:5
But I trust in your unfailing love; my heart rejoices in your salvation.

Proverbs 3:5-6

ENCOURAGED BY YOU

2 Thessalonians 2:16-17
May our Lord Jesus Christ himself and God our Father, who loved us and by his grace gave us eternal encouragement and good hope, encourage your hearts and strengthen you in every good deed and word.

Joshua 1:9

Dear God,

I need to trust you completely with my life. No matter what I am going through you will never leave me. You are the Potter who is molding me into a masterpiece. Thank you dear God.

My Journey Journal

Optional: Write how God has spoken to your heart.

Power in Music

Meditate on the words of your favorite Christian music.

This is the end of Day Five.



Power in Prayer

Day Six

Is there POWER in Prayer? Yes, yes, yes!

Several years ago when I was working in a church, I answered the phone, and an elderly man said, "I cannot find my glasses. I have been looking for them for several days." I questioned him, "Did you pray about it?" He said, "No!" I replied, "Pray about it and call me when God answers." In just a few minutes he called me so excited. With amazement in his voice he said, "I prayed about it and then I remembered a place I could look and there they were."

Is there Power in Prayer?

Yes, just PRAY!

God is here for everything that concerns our hearts.

**As you Journey today, remember that nothing
is too small to pray about in our lives.**



Power in Prayer

Day Six



Matthew 6:6

**But when you pray,
go into your room,
close the door and pray
to your Father, who is unseen.
Then your Father, who sees
what is done in secret,
will reward you.**

Open the door to Your LISTENING Room...



Day Six

Power in Music

Sit still, close your eyes, and "LET GO." Listen to your favorite Christian music.

Prayer Power

Pray that you will have a clear mind as you begin your Journey.

Take a few minutes to confess your sins.

1 Kings 8:46b

Psalm 103:12

Powerful Praise

Psalm 8:9

POWER IN PRAYER

Why is there Power in Prayer?

Exodus 15:6

Your right hand, O LORD, was majestic in power.

Your right hand, O LORD, shattered the enemy.

WE ARE PRAYING TO A POWERFUL GOD!

Let's look back at how the power of God worked in the lives of mankind throughout history.

MOSES

Parting of the Red Sea
Exodus 14:13-31

JOSHUA

God's people crossed the Jordan River on dry ground.
Joshua 3-4

DANIEL

Saved from the fiery flames of the furnace
Daniel 3

CRIPPLED MAN

Healed
Acts 3:1-10

DO I SERVE A POWERFUL GOD?

Dear God,

You are an amazingly powerful God. I do not understand why you would want to even bother with me, but YOU DO.

James 4:8a

Come near to God and he will come near to you.

Dear God,

I have read that if I come near to you, you will come near to me. This is your promise. When I begin doing this, SPEAKING to you through prayer and LISTENING to you by reading the Bible, you WILL "come near to me"! Doing this will help me understand who you are! My faith will grow. I believe that you will answer my prayers. We will get to know each other better as we come close to each other and then our communication will be complete. This is your desire. Is it mine? Please God, help my desire to come near to you grow.

Romans 8:5

Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires.

Matthew 6:33
But seek first his kingdom and his righteousness,
and all these things will be given to you as well.

Dear God,

Life is challenging. With all the pressures of life, it is hard for me to find the time to stop my busy lifestyle and SPEAK and LISTEN to you. It is a major challenge. There is tremendous **Power in Prayer**, when I stop and pray. I cannot do it on my own; but with you guiding me and encouraging me, it can happen.

Matthew 19:26
Jesus looked at them and said,
“With man this is impossible, but with God all things are possible.”

Mark 10:27
Mark 11:24
Luke 18:1b
Always pray and do not give up.

John 14:13-14
Mark 9:23

Dear God,

I will not give up because ALL things are possible. Thank you for going on our Journey this week. It has been great. Let's do it again real soon.

Prayer Power
Pray about whatever is in your heart.

My Journey Journal
Write how God has spoken to your heart.

Power in Music
Meditate on the words of your favorite Christian music.

Our PRAYER Journey has taken us to a lot of places.

- ✓ We can pray anywhere; but finding our LISTENING Room helps us to focus on our Prayer Time.
- ✓ We need to CONFESS our sins to have open communication with God.
- ✓ We need to BELIEVE God will answer.
- ✓ We need to pray about EVERYTHING.
Nothing is TOO small.
- ✓ There is Power in Prayer. We need to pray!

It has been great going on our
Prayer Journey together

We invite you to go on another Journey with God.



In our fast paced society it is hard to STOP and find time for God on a daily basis. We realize God wants to build a love relationship with us, but often we do not know where to begin. Our ministry wants to help you on your Journey of building a love relationship with God.

We have discovered that people are motivated to find time to read the Bible when it relates to something they are experiencing in their life. This is why we have developed our topical Bible Journeys with God. These Journeys will encourage people with different life situations

Listed below are the topical Journey titles. Each Journey lasts for six days and will take you 5-20 minutes to complete. You may choose either the written or CD version. They are grouped into sessions, but can be used separately.

Journeys with God

Spiritual

1. Help, I want to get off this treadmill!
2. A New Beginning
3. Where do I begin God?
4. Power in Prayer

Marriage

1. Remember when we first met?
2. MARRIAGE Makeover
3. Do I have JOY in my life?
4. Let's Begin Again!

Financial

1. FINANCIAL Makeover
2. My Job is Getting me Down
3. I'm Forgiven
4. I SURRENDER

Physical

1. My Body Needs a MAKEOVER
2. Do I REALLY want to give up this CRAVING?
3. God I Need Your Strength
4. The Key to Life is BALANCE

Family

1. What is a FAMILY?
2. FAMILY Makeover
3. Forgive and Forget the Past
4. RELATIONSHIIPS

FUN

1. I don't know how to have fun!
2. FUN Makeover

DREAM

1. What should I do with my life?
2. DREAMS

Single Journeys

I'm ENGAGED
I'm in SALES
I've Lost Someone I Love
I'm feeling BLUE today
I'm in the MINISTRY

Congratulations
*You have completed your 6-day
Inside Outside LIFE Makeover
Journey with God*



Encouraging people to build a love relationship with God
by speaking and listening to him daily.

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